

Urgent Mental Health

You can seek urgent mental health support in Gloucestershire 24/7 by ringing **0800 169 0398**. A mental health worker will provide initial telephone advice, support and triage. This could lead on to further telephone support or onward referral/signposting to mental health services or another organisation, such as voluntary services. You may also be referred to the Crisis and Home Treatment Team.

Crisis and Home Treatment Team – what do they provide?

- A face to face assessment of your mental health and needs
- Advice, support, signposting or referral into appropriate mental health services
- A period of home treatment which **MAY** include a review of current treatment, starting new treatment, short term psychological work, education on improving your mental health, supporting families and carers facilitating admission and early discharge from the Mental Health Hospitals and social inclusion.

What the Crisis and Home Treatment Team cannot provide:

- An immediate blue light emergency response
- Attend situations that require an emergency response eg Physical health needs, high levels of violence, immediate risk to life
- Emergency accommodation/housing needs
- Access to emergency funds
- Removing someone from a place or property
- Medication issues for people not under the care of the Crisis and Home Treatment Team
- Face to face assessment for people where the **primary presenting problem** is that of dementia, brain injury, learning disability, acute intoxication with drugs and alcohol, and those aged 10yrs or younger.